

Postings from the PC.....

NS Council



Hello, and welcome to the November installment of *Postings from the PC*.

OK- I have to ask- where did October go? It just seems like units were starting up and now they are in full swing!

The end of September saw 255 Pathfinders, Rangers, and Guiders gather at Smiley's Provincial Park for Quest. They camped, cooked outside and, participated in 35 projects. This is a very popular event for Pathfinders, with planning already started for next year!



We were excited to open the Guide office for a Spark Unit meeting. This, along with Pathfinder and Ranger groups, means that your Provincial Office hosts 3 units- what a great way to use our space and meet the needs of our local girls.



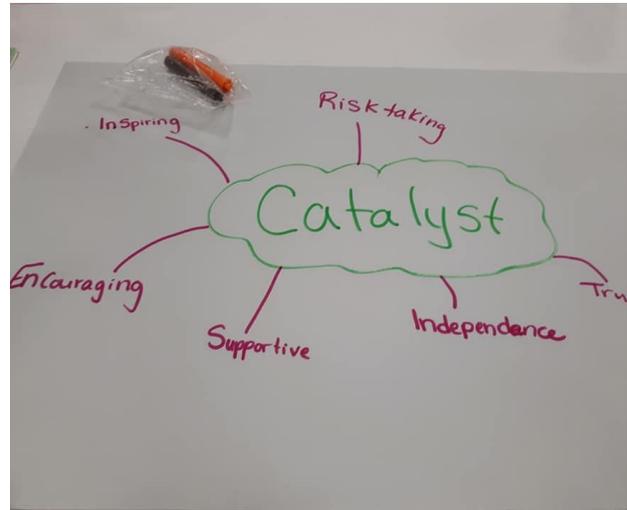
October brought more Girls First Trainings with the 1st GF Patches being issued to Units that started the new program. Don't forget to order your Unit patches when you transition to the GF Platform. The Order Form can be found at www.girlguides.ns.ca under News and Articles. In Nova Scotia we have 11 Girls First Champions who are responsible for ensuring that all Guiders feel supported and comfortable with this new program. If you haven't been to a session, please contact your District Commissioner to discuss when one might be available in your District or Area.

Commissioners On Going (COGS) Training was held with 25 Commissioners attending for a weekend of training and enrichment.



We welcomed the following Advisers to the Provincial Team:
Arts Adviser: Leslie Reid, Camping Adviser: Lesa McHugh, Program Adviser: Jamie Franzmann, Safe Guide Adviser: Melinda Stephenson, and STEM Adviser: Melissa Archibald
.....Welcome aboard ladies!!

November started with our annual Fall Connections. District and Area Commissioners, District and Area Treasurers, Area Advisers, Youth Forum, Provincial Assessors and their Provincial support team gathered to hear our CEO, Jill Zelmanovits and Guiding Ambassador, Krysta Coyle, share with us how we can put our Foundation into ACTION!! The Girls First Champions lead the teams through the GF Platform where all had an opportunity to share and learn how our Provincial Roles can support the program via our District, Area and Provincial events.



The Guide Post, that was delivered to your email on Nov. 1st, has lots of information on Girls First, Sexism, Feminism and Equality, Girl Engagement Training, GGC Mobile App, Cookie Sales, and more- don't forget to check that out!

We don't seem to be slowing down in November - here's what to look for this month:

Oceans Days (Nov 18th) and Fall for Fitness (Nov 24th). Information about these events can be found at www.girlguides.ns.ca

Volunteers Needed!



As you know Guiding offers wonderful opportunities to girls and Guider across our province- but we can't do it with out you. There are several volunteer opportunities available for passionate Guiders to come on board and join teams to help plan events, mentor Guiders, and experience more of what Guiding has to offer. Watch for more details on these coming in the next few weeks.

You never know when you're recruiting!

A mom who became a unit assistant and is now a full-fledged Guider reminds us that when you're interacting with girls' families, you just might be recruiting. She offers these thoughts, based on her experience and the Guiders who influenced her decision.



1) Be approachable. You never know which parents might be contemplating being a helper but are afraid to come forward on their own, or maybe are just watching and observing before they take the plunge. Always be approachable and offer yourself to those parents; let them know you are willing to share ideas!

2) Be excited about Guiding. There is nothing worse than someone in a position who doesn't look happy. Why would anyone else want to join you if you always look angry or grumpy? Keep that smile going no matter what is going on behind the scenes. Maybe you are frustrated with paperwork or not hearing back from that one parent – but why should everyone suffer? Think about how that impacts everyone else. Show your smile at all times and set a good example that you are excited to be there and can handle anything thrown your way. You can always have a private venting session with your trusted GG colleagues later; parents should only see your positive side.



3) Be a good communicator. Parents are busy too and have different ways of learning themselves. Sometimes it's hard for them to keep all the details straight. Don't forget they may be working full-time themselves and their children may have other activities. Along with the verbal announcements done at the beginning or end of the session, provide a follow up in writing by either an email, a newsletter or both. Help your parents help you. In the end, it's win-win.

Simple but it works!!

Thank you for giving your time, energy and effort to Guiding and continuing *to be a catalyst for girls empowering girls*. I look forward to seeing you around the province throughout the year.

Thank you, Lorena

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