

Paddle Canada canoe certification camp

Hardwood Lake Girl Guide Camp, Kings County, NS

Pathfinders & Rangers - July 31 (6 p.m.) to August 2 (4 p.m.), 2019

Link & Guiders - August 2 (6 p.m.) to August 4 (4 p.m.), 2019

Hardwood Lake Girl Guide Camp will host a set of Paddle Canada canoe skills camps in the summer of 2019. The goal is to certify youth and adult Guiding members with Paddle Canada programming, enabling them to safely adventure and confidently facilitate boating activity, according to Girl Guides of Canada Safe Guide waterfront requirements – and, to have fun!

The camp fee includes all food, accommodations and Paddle Canada programming.

We will accept 20 participants per camp; early applications accepted and we will keep a waiting list. Once you apply, your camp fee is non-refundable (HWL will only refund fees in the event a travel ban affects camp access, or Paddle Canada instructors unexpectedly cancel).

For information, contact Responsible Guider Sara White, cskeddy@hotmail.ca or 902-599-1833 c/ t

Deadline to apply July 10 (first come, first filled; a waiting list will be maintained)

Return applications and payment to Sara White, 77 Durno Drive, Cambridge, NS; B0P 1G0

Name _____ Birthday (D/M/Y) _____

IMIS # _____ Email _____

Check if you are a PF _____ Ranger _____ Link _____ Guider _____

Make sure you check the camp dates for your age/ branch, above

Safe Guide swim & boat test (must be complete before camp) YES _____

Mailing address _____

Phone () _____ Cell () _____

This is a physically demanding camp: you will be on and in the water the evening of the first day and for two full days. It will involve repetitive motions, extended kneeling, lifting and carrying canoes on land and in the water; it could rain, be windy or cool weather. It's doable for most PFs and older participants, and we will feed you well and put you to bed early! Be prepared.

This application must be accompanied by:

non-refundable camp fee, payable Hardwood Lake Girl Guide Camp

\$75 PF & Ranger fee

\$85 Link & Guider fee

H1 health form if a youth member, girlguides.ca

(Link & Guiders must have a H2 health form on them at camp)

completed SG2, if a youth member

completed SG5, if a youth member

Once application is received, participants must submit the supplied SG2 permission slip and SG5 waiver.



Directions to Hardwood Lake camp

- From Exit 15 Hwy 101 - south through Berwick to Hwy 1, west 6.3 km to Aylesford Rd., south 23.3 km to Lake Paul Fire Station. From there, another 2.2 km south to Hardwood Lake Lane, on left.
- From New Ross - west 19 km to Kings Co. line; or, from Blockhouse, north, then west to Kings Co. line; or, from New Germany, north on Rt. 10 to Meisner's Section, then east to Kings Co. line. From here for all three routes, north on Aylesford Road to Lake Paul 13.3 km (watch for civic address #1902, house with a blue steel roof - from there, 3.7 km) to Hardwood Lake Lane, on right.
- Once on Hardwood Lake Lane, 2.3 km to camp gate on left (62 & 72 Hardwood Lake Lane).

Kit list

- Lodge accommodations – bring bedroll and pad **OR**
- BYO tent - bring bedroll and pad
- rain gear and footwear
- swim wear, water shoes/ sneakers/ trek sandals
- hat & sunglasses
- kneeling pad for canoeing
- own paddle/ PFD if desired
- own canoe, if desired
- non-breakable dishes and cutlery in a mesh bag
- toiletries
- water bottle
- sunscreen & bug spray
- flashlight
- daily clothing (shorts, shirts, socks, sneakers, pants, sweater, undies, PJs...)
- medication (in original packaging, labeled with dosage/ name; youth will turn all meds in to the camp first aider for safekeeping)
- cellphone & charger (be advised there is limited reception at HWL)
- quiet time activities (book, games, guitar...) for yourself or to share



Your daughter/ward has the opportunity to participate in the following Girl Guides of Canada activity/event.

Activity – *Guiders please complete this activity section.*

Activity/event/camp:	Hardwood Lake Girl Guide Camp canoe	Date(s):	From July 31 2019 to August 2 2019
Location:	Hardwood Lake Girl Guide Camp, Lake Paul, Kings County		
(facility name)	Hardwood Lake Girl Guide Camp, Lake Paul, Kings County		

The details of this activity/event/camp are explained on the attached **Activity Plan (SG.1)**.

The activity/event indicated above falls outside what Girl Guides of Canada considers to be a “regular unit activity.” Our procedures require that you review the planned activity(ies) and consider the following:

- In all activities there is an element of risk. While Girl Guides of Canada and your daughter’s/ward’s Guider(s) take reasonable precautions to minimize these risks, this is no guarantee against injury or loss.
- Some of the risks associated with these types of activities include (but are not limited to): scrapes, cuts or bruises; sprains, strains or possible broken bones; illness from known or unknown sources; theft or loss of possessions; and unforeseen injuries from activities, equipment or actions of your daughter, other participants or other people, including negligent actions. Although it is unlikely, the potential also exists for debilitating injury, long-term incapacity and death.
- Your daughter/ward’s Guiders will be following Girl Guides of Canada’s Safe Guide which outlines safety management practices. You are welcome and encouraged to review this document. A copy of Safe Guide is available from www.GirlGuides.ca.
- Participants are expected to conduct themselves in a safe manner and to abide by the Girl Guides of Canada’s Safe Guide procedures and Code of Conduct. Anyone who does not or whose actions jeopardize their safety or the safety of the group will be dealt with immediately. If appropriate, she may be sent home at the expense of parents/guardians.

Permission(Parents/guardians sign and return)

Name of girl: _____

has my permission to participate in the above activity on the dates and times listed above with the supervision arrangements outlined on the Activity Plan (SG.1).

Contacts during activity: During the duration of the activity, I may be reached at:

Address	Phone	Alternate Phone
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In the event of an emergency, if I cannot be reached, the following person is hereby authorized to act on my behalf:

Name: _____ Relationship to participant: _____

Address	Phone	Alternate Phone
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I have read and understood the information provided with this form as well as the details on the attached **Activity Plan (SG.1)**. I understand that there is a degree of risk involved in these activities. After carefully considering all the risks involved, and having full confidence that reasonable precautions will be taken for the safety and well-being of my child/ward, I authorize my child/ward to participate in the activity as described above and on the **Activity Plan (SG.1)**.

I agree to provide up-to-date health information that may not be on the Personal Health Form (H.1) completed at registration. If my daughter/ward requires medical treatment, I understand that Girl Guides of Canada will take initial steps to secure medical advice and services and that I will be contacted as soon as possible, or if unavailable, the emergency contact person noted above.

If there is a need for someone other than those listed on the Personal Health Form (H.1) to pick up your daughter/ward, please inform the Unit Guider in writing. In an emergency situation, the Unit Guider may accept verbal authorization from you.

Custodial parent or guardian

Date: _____
 Relationship to girl: _____

Print name

Signature

Parents/ guardians – please return this sheet to:

Sara White, 77 Durno Drive, Cambridge, Ns, B0p 1g0

By July 10, 2019 (date)

RELEASE OF LIABILITY, WAIVER OF CLAIMS, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

–By signing this document you will waive certain legal rights, including the right to sue. PLEASE READ CAREFULLY

Guider instructions: This form must be used for all Conditional Activities and Adventure Activities. (See Key Terms in Safe Guide). This form is signed by custodial parent(s) or guardian(s) of a minor child or by all participants who are provincial age of majority. **Parent/guardian instructions:** Review the information below and the information about the activity on the Parent/Guardian Permission. Initial all the activities in 2(a) that you are consenting to your child/ward participating in, then sign the form at the bottom. Your child/ward will not be permitted to participate in those activities for which you have not initialed.

I (we), _____ hereby acknowledge and agree that in consideration of _____ being permitted to participate in
(name of participant)
 the activities of Girl Guides of Canada–Guides du Canada (herein called the Association)

At Hardwood Lake Girl Guide Camp on July 31 to August 2, 2019
Location Date(s)

1. I (we) do hereby release the Association, its members, officers, directors, employees, volunteers and independent contractors from all liability, claims, causes of action of any kind whatsoever in respect of all personal injuries, loss of life or property losses which our daughter/ward (I) may suffer arising out of the activities of the Association.
2. And I (we) do hereby acknowledge and agree:
 - (a) That the adventurous activities (listed below) may be dangerous and expose our daughter/ward (me) to risks and hazards.

Activities	<i>(Initial activities to show consent for participation.)</i>
Paddle Canada led canoeing skills training	_____
On and in water activity	_____
Physical work: paddling, lifting canoes, carrying canoes	_____
_____	_____
_____	_____

- (b) That I (we) freely and voluntarily assume all the aforesaid risks and hazards as noted on the attached Parent/Guardian Permission for my (our) daughter/ward or myself.
- (c) That I (we) have carefully read this Release, Waiver and Assumption of Risk and Indemnity agreement, that I (we) fully understand same, and that I am (we are) freely and voluntarily executing same.
- (d) That I (we) understand clearly that by signing this Release I (we) will be forever prevented from suing or otherwise claiming against the Association, its Members, officers, directors, employees, volunteers or independent contractors with respect to any matter arising from these activities.

DATED at _____, this _____, day of _____ in the year _____.

* Signature(s) of custodial parent/guardian, or participant:	Relationship to participant (if applicable):	Signature of witness (must be of provincial age of majority):
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** When only one parent signs to indicate consent, he/she does so in good faith and is presumed to be acting with the consent of the other legal parent/guardian.*