

December 2019



As I write this final message of 2019, I would like to share with you a reading from our last Provincial Council meeting.

This resonated not just with me but with all members of your Provincial Council.

I hope you find the message as inspirational as we did.



I look in my mirror and what do I see
Deep down inside, my soul shining at me
I see Spark laughter bubbling, and knowing play never ends
I see sharing and helping and being a friend
I see Brownie pride and lending a hand
I see community, and giving, and respecting the land
I see Girl Guide spirit, and soaring for the stars
Meeting challenges and opportunity, and stretching ever far
I see embracing new ideas, and reaching every dream
Trying things I never thought of and aiming for those things yet unseen
I see Pathfinder guidance, and finding my way down winding roads
I see stretching my boundaries, and setting personal goals
I see Rangers searching, and questing for truth
I see growing independence, while still embracing youth
I see leadership and caring, arms and hearts opened wide
I see teaching, and loving, and pleasure, and pride
I see Guiding sisterhood, and knowing I have friends
Hand to hand, heart to heart, I see gifts I can lend
I look in the mirror and what do I see
Deep down inside, my soul shining at me
I always see a Girl Guide looking at me
I see beauty and strength, and I like what I see!
....Written by Helen DeBruyn



So as we look back, here are few memories of what happened in 2019.....

Brownie Arts Day



All SySTEMs Go!



Conference



Quest



Kwahee



Annual General Meeting



International Travellers



Area Roadshows!



Provincial and Area Youth Recognitions



Interprovincial travellers- DAWN- NF

GuidePost

On Dec 5th, you would have received Guide Post- there's lots of information in this communication from National- please take note of the Sisterhood Challenge, CWFF, Inclusive Winter Service Projects, Digital Defenders, Store Holiday Closure, Behind the Blue and much more.

Featuring: NS Area Commissioner Team



Back row: I-r: Vicki Gomes (Tri-Waters), Tiffany Roberts (Maplewood), Megan Boyko & Rohan and Jenn Beaver (Harbourside Co-Commissioners) and Crystle George (Harvest Trail)
Front row: I-r: Joyce Whyte (Ceilidh) and Beth Spencer (Dartmouth Shore).

These ladies hail from all corners of our province and represent you at the Provincial Council table. They bring perspectives to decisions that will move our province forward to reach our Strategic Priorities, which in turn benefits your Area and our Province.

Around the Province



Glace Bay sparks, brownies and guides sang for the food bank telethon.





43 Bedford District Brownies, 10 Guides, and 1 Girl Assistant from Bedford had the opportunity to visit the IBM Innovation Center on November 24th to learn about STEM. The brownies learned about coding with the use of OZOBOTS. As teams they programmed the bots and then raced against each other. They also learned about DNA, how to extract DNA and

extracted DNA from a banana. The Brownies and Guiders had an amazing time and experience. We Thank IBM for inviting and providing this amazing opportunity!

Have fun and exciting pictures to share – send them to our provincial FaceBook Page: Girl Guides of Canada - Nova Scotia Council.

Remember to make sure all girls have approved Image Releases, so we can post.

So – what's next!!

Trainers Weekend

NS provincial Trainers will gather in Halifax in January for a weekend of learning and fellowship.

Winter Kwahee- Volunteers needed!

Kwahee is a wonderful opportunity not only for the girls but also for adults as well. Why not consider joining the team to provide an amazing camping experience for our Guides in Nova Scotia.

Where/When:

- Camp 1: February 7-9, 2020 - Camp Kanada – Musquodoboit, NS
- Camp 2: February 14-16, 2020- Anne Fraser House – Upper Sackville, NS.

More information is available at -> [Kwah-ee.](#)



Excite, Empower, Ignite

Formerly known as Fall Connections, the District and Area Commissioners, Treasurers, Youth Forum and Advisers will come together in April to learn, share and grow. The Excite, Empower, Ignite Conference will be different from the past offerings with new sessions. Mark your calendar for April 25th- you won't want to miss this!

Myth Busters

Have you ever wondered....



If all Adult members and Rangers receive Canadian Guider with their membership?



CONFIRMED Once you are registered as member, all adults and Ranger receive the Canadian Guider. Canadian Guider is published 3 times a year- Winter, Spring & Fall and is mailed to your address in iMIS. To see back issues, go to Girl Guides of Canada website (About us – Media – Publications).

- If are not getting Canadian Guider, please contact National at cdnguides@girlguides.ca.



If the trainings in the New guider Learning path may be taken by all Guiders – new and experienced?



CONFIRMED The New Guider Learning path training modules are available to all Guiders, regardless of experience level. These five module trainings may be particularly beneficial to Guiders changing branches.

Provincial Commissioner Nomination



It's hard to believe but next June I will be stepping down as your Provincial Commissioner and you will have a new PC to lead the province.

Over the next few months there will be lots of buzz around this position.

This role has provided me with challenges and personal growth opportunities, and I encourage anyone who is looking to work with great people at the Area, Provincial and National levels on strategic initiatives combined with fun events to consider this.

Yes – it can be a lot of work at times, but it is also fun and very rewarding and there is support and mentoring along the way from both the provincial and national team.



It's a once in a life time opportunity, so please consider this if interested.

Join the Team !

While we have had some great women step up to join the team, we are still looking to fill the following roles:



Active Living - promotes active living activities through N.S. Girl Guides programming for girls and guiders.

PR- promotes and supports activities relating to getting the good word of Guiding out to the public via various methods.

Social Media Adviser – connects and share information via Social Media venues provincially and nationally. Monitor provincial website, encourage Advisory Committee updates and advises office of updates and changes.

Trainer Development Coordinator - supports Guiders wishing to undertake the Trainer Stream Modules and complete the requirements to become a Trainer and supports Trainers in their continuing education.

Please keep in mind that there is also a huge need for women to fill some of the vacant or upcoming vacancies for District Commissioners or District Treasurers, Safe Guide Assessors, etc.

Please don't hesitate to email me at ns-pc@girlguides.ca if you wish to speak to me about any of these opportunities.

The Volunteer Application for Provincial level positions can be found at [Forms](#).

As 2019 comes to a close, I would like to **Thank You**, on behalf of your Provincial Council, for all your work within Guiding. For giving your time, your energy and your passion- we appreciate what you do and hope that you will get a moment to put your feet up and reflect on the happiness 2019 brought you and the possibilities of what 2020 will present.



Thank You for all you do, *Lorena*
Provincial Commissioner

Girl  Guides

Everything she wants to be.